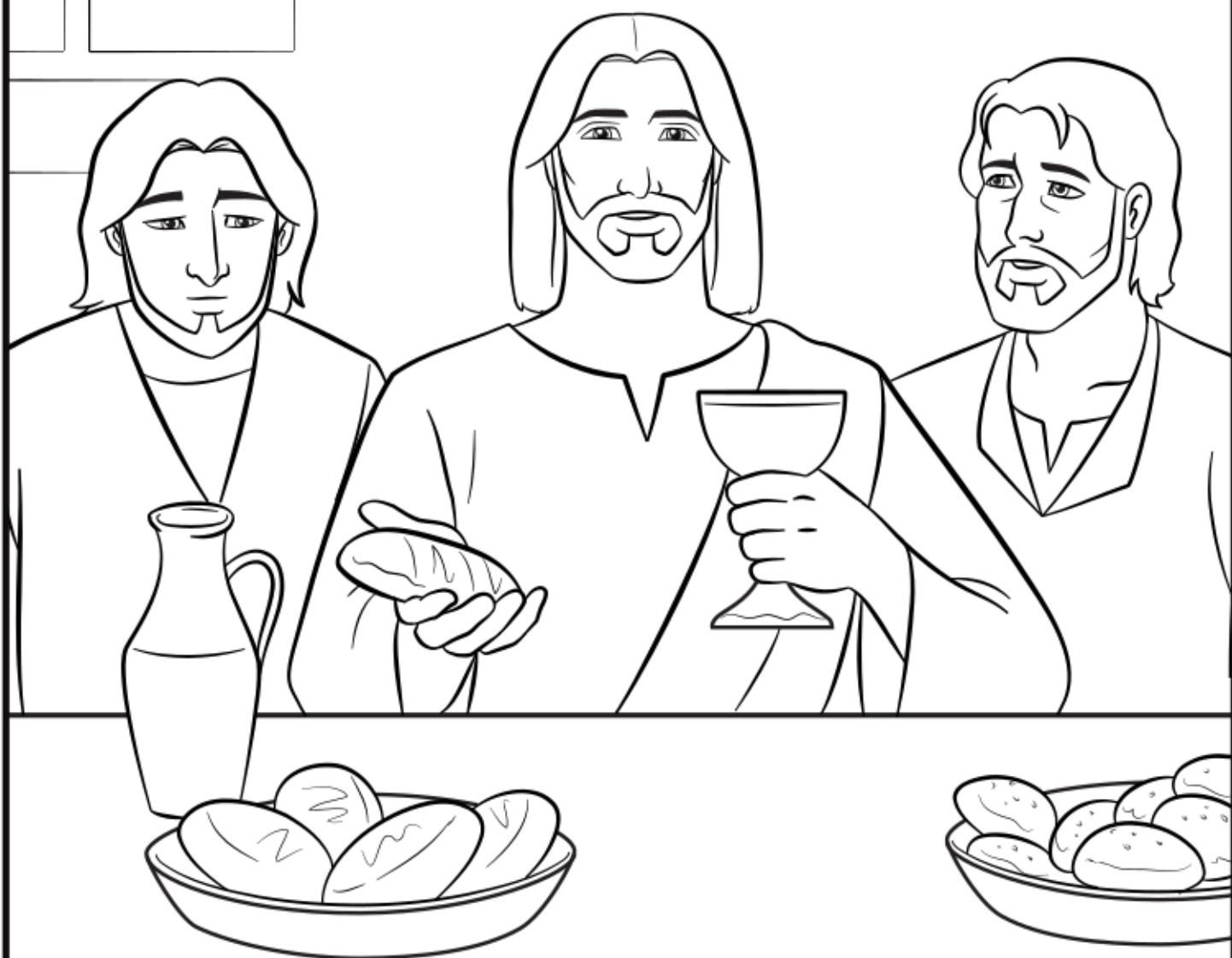


## What is the Eucharist?



**The night before Jesus was to die on the cross,  
He gave His disciples bread and said,  
“This is My Body which is broken for you.”  
Then He took a cup of wine and said,  
“This is My Blood which is poured out for you.”**